

IMMERSIVE RETREAT

The Hidden Truth

Immersion for a Deep Transformation

**FROM OCTOBER 30TH (NIGHT)
TO NOVEMBER 3RD, 2024**

**DEWACHEN SANCTUARY,
TORRES VEDRAS, PORTUGAL**

Our truth already exists within us, but we get lost along the way, seeking acceptance and belonging.

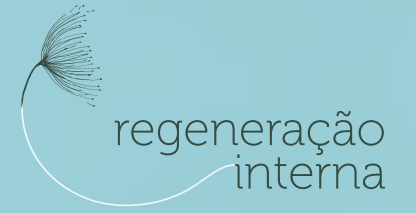
**We need to walk the path back to being
who we truly are.**

**A deep and transformative immersion
carried out 23 years ago with more than
500 people from Brazil, Portugal, Chile,
United States, Mexico, Canada, Peru,
Argentina, India, Egypt**

**Peeling back the layers of the ego to
uncover our primal wound**

And a return to our genuine expression, our authentic nature.

Method



Gestalt Therapy - Therapeutic dynamics that help us to anchor and integrate, and that place us in front of our limits and shadows

Systemic Therapy / Systemic Constellations - Dynamics that raise awareness and organize our personal history in the face of our family system

Body - body techniques from physical theater to explore and express our deepest being through our bodies

Art - expands the space for expressing our inspirations and affections

And every step of the way, we will be accompanied by our beloved Clowns, whose loving presence will guide us through the depths of our hearts and emotional wounds. They will lead us to the center of our most intimate truths, revealing the secrets we keep even from ourselves.

WELCOME TO THE HIDDEN TRUTH

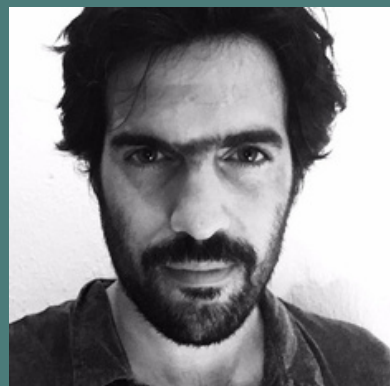


Alex Vial

Hypatia
Foundation
Santiago, Chile

"It is one of the most powerful, beautiful and transformative workshops I have ever done in my life.

The methodology, the music, the work with the body, the sharpness of perception and interventions are of an astonishing assertiveness, managing not only to disarm each of our strategies, but also to connect us with our essence (...)"



Rufino Escasany

Aspiring Citizens
Buenos Aires, Argentina

"It was a truly transformative experience for me. I was able to shed layers that covered my emotions and forms of expression. Towards the end of the workshop, I was confronted with my naked essence. I really enjoyed being able to share this experience with a group of warm and wonderful people. (...)The workshop is demanding: physically, psychologically and emotionally.

But the effort is worth it!

WELCOME TO THE HIDDEN TRUTH



Gabriela Mazzei

Hydro, RH Manager
Oslo, Norway

"Working with Gabriela and Verdade Escondida revolutionized my life. There is me before and after the beginning of this experience. I really love the person I have become and continue to become as this process unfolds."



Leo de Paula
Xão Institute
Alagoa, Brazil

"Gabriela Diamant and her Hidden Truth invites us to live our personal tragedy. It is an invitation to leave our minds and go towards our feelings. A necessary investigation that leads us to surrender to who we are, recognizing our social masks, patterns, beliefs, which distance us from ourselves. This immersion encourages “unlearning”. It is uncomfortable, but transforming. A mature and responsible work, in which it takes courage to let go of what brought you here and no longer serves you. It is returning to the ground! A rebirth to relearn how to be!"

Gabriela Diamant

Gabriela is a psychotherapist graduated at Universidade Paulista (UNIP - Brazil), actress and artistic director graduated in Performing Arts at University of Campinas (Unicamp- Brazil). Specialized in Gestalt Therapy and Systemic Constellations at the Gestalt Institute Claudio Naranjo / La Montera.

Gabriela is the creator of the techniques Soul Reading, The Hidden Truth Immersion, and Regenerative Soul Field, in which she establishes a direct connection with the fields of authentic expression and sacred presence.

Specialized in Physical Theater and Clowning with renowned European clowns Yves Lebreton (Italy), Phillipe Gaulier (England), Pierre Byland (Switzerland), and Slava Polunin (Scotland), as well as with Lume Teatro (Brazil).

For 25 years, she has been mentoring internal regeneration processes, facilitating immersions, group dynamics, and individual sessions worldwide, always aimed at helping people reconnect with their truth and genuine purpose.



Food

Our culinary expert, Chef Simone Marinho, specializes in regenerative food. She masterfully transforms fresh ingredients, preferably from local regenerative agriculture, into delicious and innovative dishes that are 100% vegetarian with vegan options.

Using regional products, Chef Simone combines creativity and environmental awareness to offer gastronomic experiences that nourish the body and soul.



Dewachen Shrine

The Dewachen Sanctuary is located between Alenquer and Torres Vedra, 50km from Lisbon, in a region of immense historical, cultural and spiritual importance.

Located in the center of Portugal, it is surrounded by the Serra do Sicó, a natural and protected area that represents a living testimony to the region's ancient history.

Nestled between the mountains and the sea, the sanctuary provides a reconnection with the Earth and with oneself.

www.santuariodewachen.pt



Limited places!

Max. 12 participants

Investment

€ 750

- Includes Activities, Food and Accommodation

CONTACT

ALESSANDRO

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998022989



Activities

04 days of Immersion + 1 preparatory night, totaling 42 hours of facilitating dynamics.

VALUE €450



Food

Breakfast, lunch and dinner and 2 daily coffee breaks.
(morning and afternoon)

VALUE € 150



Stay

Shared rooms at Dewachen Shrine

VALUE € 150

THANK YOU!

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